

Review of a Series with Abducens Nerve Palsy

Abducens Paralizi Hastaların Gözden Geçirilmesi

ABSTRACT

OBJECTIVE: In this report, we aimed to investigate the patients that presented at our clinic complaint with diplopia due to the abducens nerve palsy and neurosurgical disease.

METHODS: The study design was a retrospective review of ten cases with the abducens nerve palsy. The causes of the abducens nerve paralysis of our patients were as follows: two cases with head trauma, three cases with pituitary tumors, one case with sphenoid sinus mucocele, one case with greater superficial petrosal nerve cellular schwannoma at the petrous apex, one case with hypertensive intraventricular hemorrhage, one case with hydrocephalus, and one case with parotid tumor and skull base/brain stem invasion.

RESULTS: Depending on the location of the lesion, the symptoms due to nuclear damage showed no improvement as in our case with adenocarcinoma of the parotid gland. The lesions sited at the subarachnoid portion of the abducens nerve or in the cavernous sinus, the abducens nerve palsy improved or botulinum injection was performed during recovery period.

CONCLUSION: We presented abducens nerve palsy cases due to neurosurgical disorders. A botulinum injection was performed in three patients with the abducens palsy. Botulinum injection can help patients with sixth nerve palsy during the recovery period.

KEY WORDS: Abducens nerve paralysis, Botulinum toxin, Diplopia

ÖZ

AMAÇ: Bu çalışmada, kliniğimize çift görme yakınmasıyla başvuran ve nöroşirürjik bir hastalığa bağlı olarak altıncı sinir parezisi saptanan hastalar incelenmiştir.

METOD: Çalışma, abducens siniri paralizi saptanan on vakanın retrospektif olarak incelenmesiyle gerçekleştirilmiştir. Hastalarımızın abducens paralizisinin nedenleri şunlardır: İki hastada kafa travması, üç hastada hipofiz adenomu, bir hastada sfenoid sinus mukoseli, bir hastada petroz apekse yerleşmiş greater superficial petrosal sinir sellüler şvannomu, bir hastada hipertansif intraventriküler kanama, bir vaka hidrosefali ve bir hastada da parotis bezi adenokarsinomuna bağlı olarak gelişen kafa kaidesi ve beyin sapı invazyonu.

BULGULAR: Lezyonun yerleşim yerine bağlı olarak, parotid tümörlü hastamızda olduğu gibi semptomlar nükleer harabiyete bağlı ise düzelme gözlenmemektedir. Abducens sinirinin subaraknoid kısmında veya kavernoöz sinusta yerleşen lezyonlarda, abducens paralizisi düzelmiştir ya da iyileşme sürecinde botulinum injeksiyonu yapılmıştır.

SONUÇ: Çalışmamızda, nöroşirürjik hastalıklara bağlı olarak gelişen abducens siniri paralizileri sunulmuştur. Abducens paralizili üç hastaya botulinum injeksiyonu uygulanmıştır. İyileşme fazında botulinum injeksiyonu, 6. sinir paralizili hastalara yardımcı olabilir.

ANAHTAR SÖZCÜKLER: Abducens sinir paralizi, Botilinyum, Diplopi

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INTRODUCTION

Lesions causing abducens nerve palsy may be located in the brain stem, subarachnoid space, petroclival region, cavernous sinus or in the orbit along the course of the nerve (14, 23, 15, 22, 18). The abducens nucleus is located in the pontine tegmentum, just ventral to the fourth ventricle, and axons of the seventh cranial nerve loop around the abducens nucleus. Fascicles emerging from the nucleus course forward through the pontine tegmentum to emerge from the ventral surface of the brain stem (43). The subarachnoid portion of the sixth nerve lies in the prepontine cistern, and also inside the Dorello's canal (20, 24, 46). Dorello's canal was described as a short, osteofibrous channel between the petrous apex and Gruber's ligament in earlier studies (28). The abducens nerve flattens on the lateral side of the internal carotid artery (ICA) where the anastomosis point of the nerve with the periarterial sympathetic plexus of the ICA, and then course on the inferolateral side of the ICA in the cavernous sinus to enter to the orbita through the annulus of Zinn (27, 31).

The abducens nerve can be compromised in any of the above locations, as well as a consequence of generalized intracranial pressure increase (16). In this report, we present ten cases with sixth nerve palsy due to neurosurgical disorders, and discuss the mechanisms of abducens nerve palsy together with the treatment methods.

MATERIALS and METHODS

Ten cases with diplopia due to abducens nerve palsy were admitted to our clinic during the years 2006-2007. These patients were examined retrospectively. The diagnosis of the patients, neurological examinations, computerized tomography (CT) and magnetic resonance imaging (MRI) findings are presented in (Table I).

RESULTS

The results of treatment and follow-up of the patients are presented in (Table I).

DISCUSSION

Abducens nerve palsy is the most common encountered extraocular muscle palsy and its incidence is 11.3 in 100.000 people (30). The nucleus of the abducens nerve has been involved in congenital lesions such as the Mobius syndrome and Duane retraction syndrome type I (36). The

functional loss of the abducens nucleus and fascicles generally results from insufficient vascular supply due to an ischemic syndrome, demyelinating disease, and intra-axial tumors in the brain stem (12). Extra-axial tumors may also invade the brain stem, and cause dysfunction of the abducens nucleus and its fascicles. In case 10, concomitant loss of both the facial and the abducens nerve functions because of the close proximity of their nucleus indicates a nuclear lesion (12). Depending on the location of the lesion, the symptoms due to nuclear damage showed no improvement in our case.

The anterior pontine membrane constitutes the anterior wall of the prepontine cisterns, and along with the abducens nerve invaginates in the petroclival dura mater (20). The potential subdural and the subarachnoid space, which is the continuation of the prepontine or cerebellopontine cisterns, also lies between the nerve and the arachnoid membrane within Dorello's canal (29). The dural and arachnoid layers form a strong barrier around the nerve for extra-dural tumors and distort the nerve at the petrous apex.

Parasellar extension is demonstrated in 6-10% of hypophysis tumors, and the amount of the extension is related to tumor size (3, 11, 17). However, 30% of normal individuals have lateral expansion of the pituitary gland reaching the cavernous sinus without encasement of the intracavernous internal carotid artery more than 25% (8). The medial wall of the cavernous sinus forms a thick dural wall limiting the pituitary fossa. Since the pituitary adenomas are slowly growing tumors, and there is no dural barrier at the internal side of the diaphragma sellae, the first structure compressed is the chiasm (44). Although the sixth nerve is more adjacent to the pituitary gland, the third nerve is the most involved cranial nerve in pituitary tumor (32). Ocular motor nerve involvement due to pituitary tumors generally results from an apoplectic event in the literature (39, 2, 19, 34, 9) (Table II). An ocular nerve palsy resulting from encroachment of the cavernous sinus is less common, but has been reported in 1-6% of the patients with pituitary tumor, and generally develops at the end stage of a pituitary tumor (44). We operated three patients with pituitary adenoma, and one of them also had a left temporal lobe arteriovenous malformation (case 5) (Figure 2). We did not detect pituitary apoplexy in any patient. The sixth nerve palsy improved on the second day of the

Table 1: Clinical findings and results of our patients

| Case No | Age (yrs)/sex | Diagnosis | Neurologic examination | CT Findings | MRI findings | Causes of abducens nerve paralysis | Therapy | Follow-up |
|---------|---------------|--|---|---|---|--|--|--|
| 1 | 12, M | Head trauma | GCS 14, nuchal rigidity, rt 6 th nerve palsy | Diffuse SAH, and sphenooocipital suture diastasis (fig.1) | Mesencephalic contusion, epidural hematoma located at left anterior C1-C2 region, and arachnoid cyst at C7-T1 | Sphenooocipital suture diastasis | Medical | 6 th nerve palsy improved partially at sixth month |
| 2 | 21, M | Head trauma | GCS 15, nuchal rigidity, lt 6 th nerve palsy | Rt frontal contusion and frontoparietal acute subdural hematoma | - | Entrapment of the 6 th nerve at entrance porus and petrous apex | Medical | 6 th nerve palsy did not improved at second month, and botulinum (Botox vial, Abdi Ibrahim) injection was performed |
| 3 | 36, M | Pit. adenoma | Lt 6 th nerve palsy | - | Gr III E macroadenoma according to modified Hardy-Wilson classification | Entrapment of the 6 th nerve at oculomotor porus | Trsph surgery | 6 th nerve palsy improved at the second day of the operation |
| 4 | 45, M | Pit. adenoma | Bilateral 3 rd and rt 6 th nerve palsy | - | Gr IVC macroadenoma according to modified Hardy-Wilson classification | Entrapment of the 6 th nerve at oculomotor porus | Trsph surgery | Bilateral 3 rd nerve palsy improved at the first postoperative day and rt 6 th nerve palsy improved partially at fourth month of operation |
| 5 | 55, M | Pit. adenoma and lt temporal AVM | Lt 6 th nerve palsy | - | Gr IVE macroadenoma according to modified Hardy-Wilson classification, and Gr V AVM according to Spetzler-Martin classification (fig.2) | Entrapment of the 6 th nerve at oculomotor porus | Transcranial adenoma, and AVM excision | 6 th nerve palsy did not improved at first mont of the operation |
| 6 | 25, M | Sphenoid sinus mucocele | Rt 3 rd and 6 th nerve palsy | Sphenoid sinus mucocele | Sphenoid sinus mucocele (fig.3) | Spreading tromboflebitis toward inferior petrousal dimus | Trsph mucocele excision | 3 rd nerve palsy improved at the fifth day of operation, and rt 6 th nerve palsy did not improved at sixth month, and botulinum injection was performed (fig. 6A, B) |
| 7 | 16, F | Rt CSPN cellular schwannoma | Rt 6 th nerve palsy, and xerophthalmia | Erosion in rt petrous apex | Cystic mass located at rt petrous apex and displacement of ICA medially. (fig. 4) | Entrapment of the 6 th nerve at petrous apex | Subtemporal extradural tumor excision | Rt 6 th nerve palsy did not improved at the second month of operation and botulinum injection was performed |
| 8 | 46, M | IV hemorrhage | Rt 6 th nerve palsy | IV hemorrhage, and hydrocephalus | - | Increased ICP | IV drainage, medical treatment | Died |
| 9 | 43, F | Aqueduct stenosis | Rt 6 th nerve palsy | Triventricular hydrocephalus | Triventricular hydrocephalus and aqueduct stenosis | Increased ICP | V-P shunt revision | Rt 6 th nerve palsy improved at the first week of operation |
| 10 | 42, F | Matastasis of rt parotid adenocarcinoma to the skull base and preopontine region | Rt peripheral 7 th , 6 th and lower cranial nerves palsies. | Bone erosion at the skull base | Tumor metastasis to the preopontin / pontocerebellar region and rt parietal region | Entrapment of the 6 th nerve at preopontin cistern | Surgical excision of rt parietal and preopontin / pontocerebellar mass | Rt parietal and pontocerebellar mass partially excised, but the patient died as a result of tumor progression. Neurologic findings did not improved |

Table II: Cranial nerve involvement in pituitary apoplexy and adenoma cases

| Author | Number of patients | Involved cranial nerve palsies | Type of treatment | Follow-up and outcome |
|--|--------------------|--|--|---|
| Agrawal D, Mahapatra AK. Surg Neurol 2005;63:42-46 | 23 | IIInd nerve involvement in 8 patients III, IV and VI involvement, bilateral in three, unilateral in two patients, isolated sixth nerve palsy in two patients | Transsphenoidal surgery | Range 3-15 months, return of vision in all patients, not mentioned about III, IV and VIth nerve |
| Lubina A, Olchovsky D, Berezin M, Ram Z, Hadani M, Shimon I. Acta Neurochir (Wien) 2005;147:151-57 | 40 | IIInd nerve involvement in 31 patients, and ocular paresis in 16 patients | 34 patients underwent transsphenoidal surgery | Range 4-4.5 years, visual improvement appeared following surgery or medical intervention, visual field and ophthalmoplegia improved in 81% and 71%, respectively. Six patients treated conservatively and visual field defect improved in three, two of six patients had ocular paresis and improved in one |
| Bills DC, Meyer FB, Laws ER, et al. Neurosurgery 1993;33:602-609 | 37 | 2nd nerve involvement 64%, 3rd nerve involvement 57%, 4th nerve involvement 13%, 6th nerve involvement 30% | 36 patients underwent transsphenoidal surgery | Degree of improvement for 2nd nerve related with timing of surgery, ocular paresis improved 100% and not related with timing of surgery |
| Yen MY, Liu JH, Jaw SJ. British J Ophthalmol 1990;74:188-91 | 3 | 3rd nerve involvement only | 2 patients underwent transsphenoidal surgery, 1 patient underwent craniotomy | All third nerve palsies improved at follow-up |

operation in case 3 and partially in case 4 at the fourth month after surgery. In case 5, the clinical findings did not improve at the first postoperative month.

Several mechanisms have been proposed for ocular motor nerve paralysis in hypophysis adenoma; transmission of the intrasellar pressure to the wall of the cavernous sinus, breaking of the wall of the cavernous sinus and direct compression of the nerve or its blood supply (40, 34). There are many entrapment points during the course of the sixth nerve. The first one is the dural entrance porus and the petrous apex, which acts as a fulcrum and may cause the sixth nerve injury (1, 27, 38). The second is the anastomosis between the sympathetic plexus on the lateral wall of the ICA and the abducens nerve

(26, 27). In an autopsy study of patients who had died of severe head trauma, the abducens nerve was found to be significantly damaged at its anastomosis site with the sympathetic plexus and at the dura mater entrance porus in the petroclival area (33). Involvement of the periarterial sympathetic plexus around the ICA appears with the development of partial Horner's syndrome and accompanies the sixth nerve palsy (27, 37). Therefore, anastomosis of the abducens nerve with the periarterial sympathetic plexus may be responsible for the diplopia in our pituitary adenoma cases. Decompressing the pituitary gland may lead to removal of the trapping effect on the abducens nerve, and increase the expectation of resolution of the diplopia. In addition to the mechanisms described above, we

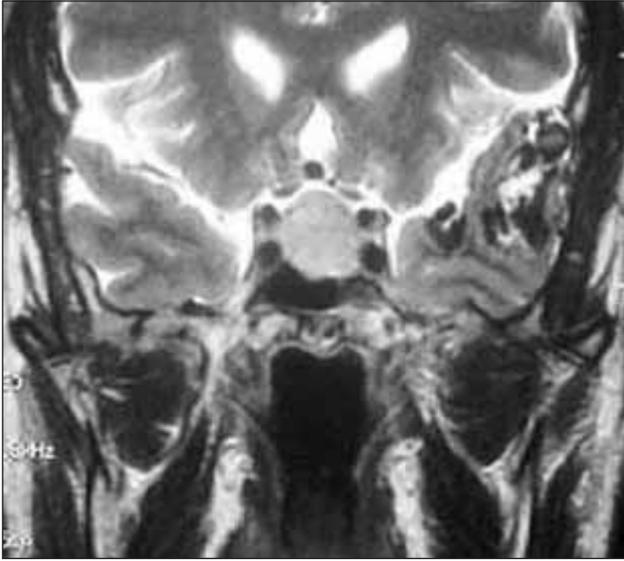


Figure 2: T2W MRI of the patient shows the anterior communicating artery aneurysm, left temporal arteriovenous malformation, and Gr IV E hypophysis adenoma (case 5).

hypothesized two mechanisms that may cause the sixth nerve palsy. The first one is the distortion of the nerve by the pulsations of the ICA against the petrous apex. The second one is related to the anatomical spaces of the cavernous sinus. Anatomically, the cavernous sinus has three main venous spaces: medial, anteroinferior and posterosuperior. The hypophysis tumor that expands to the lateral side of the sella turcica reaches more easily toward the posterosuperior region of the cavernous sinus due to its anatomical peculiarity. The third nerve can be trapped at the posterosuperior side of the cavernous sinus where the oculomotor porus is located. Improvement of third nerve palsy immediately the day after the operation may be explained by compression of the nerve at the oculomotor porus.

In contrast to the pituitary tumor case, where the mass distorted the nerve from medial to lateral, the compression was lateral to medial in our case 7 (Figure 4). The sixth nerve was compressed by the tumor at the petrous apex. Petroclival dural entrance of the abducens nerve has a medial or lateral position on the clivus (28). It is assumed that the nerve becomes more susceptible to the lesions on the petrous apex in the laterally positioned porus (47).

Entrapment of the sixth nerve was reported around the dura mater entrance porus in the petroclival area and petrous apex in patients with

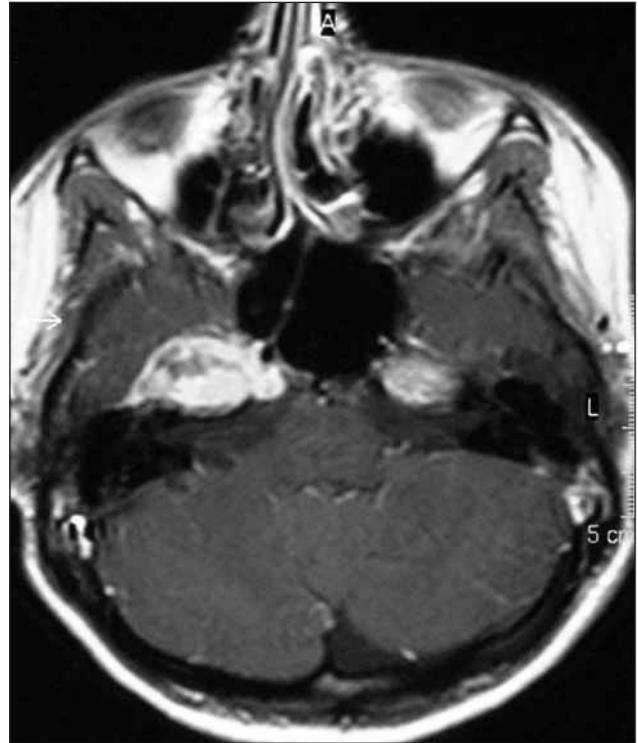


Figure 4: T1W MRI of the right greater superficial petrosal nerve cellular schwannoma compressing the right abducens nerve at Dorello's canal (case 7).

severe cranial and cervical trauma (1, 27, 38). In Case 2, cranial fracture was not seen on CT and the cause of the sixth nerve palsy was entrapment of the nerve around entrance porus and petrous apex. The other trauma patient (case 1) was 12 years old and the sphenooptic synchondrosis had not fused yet (Figure 1). Due to the close relation of the nerve with the clivus, sixth nerve palsy is seen frequently with clivus fracture. Clivus fractures can be seen in children as a sphenooptic diastasis (13). Although the patient had no evidence of diastasis, momentary diastasis during impact may have caused the sixth nerve palsy due to stretching of the nerve.

The sphenoid sinus is surrounded by the pituitary gland, the middle cranial fossa, and the optic nerves and chiasm superiorly; the cavernous sinus, the ICA, and the cranial nerves III to VI on both sides; and the nasopharynx, the pterygoid canals and nerves, and the pterygopalatine ganglion and artery anteriorly (41). The most common complications of sphenoid sinusitis are orbital and intracranial infection (45). Spread of infections to the orbit or cranium may be through congenital or acquired bony defects or through a thrombophlebitic phenomenon (45). Predisposing factors that cause

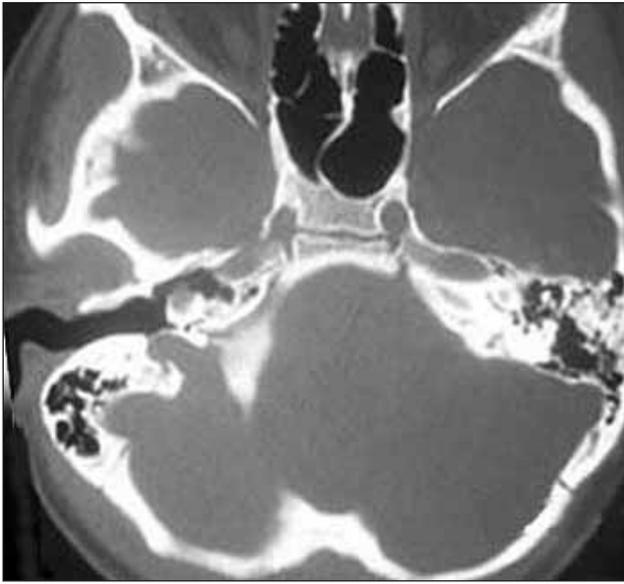


Figure 1: CT of the patient reveals sphenooccipital suture diastasis (case 1).

sphenoid sinusitis are well defined in the literature (7, 25). However, none of these factors could be found in our patient's history (Figure 3). The sixth nerve is the most frequently affected probably due to its medial location in the cavernous sinus (35). Progressive thrombophlebitis affecting the inferior petrosal sinus may also lead to the involvement of the sixth nerve (7). The predominant pathogen is staphylococcus but a variety of organisms are detected (42). In isolated sphenoid sinusitis with VIth nerve palsy, first line treatment consists of conservative antibiotic therapy but we believe that surgical intervention is indicated when sphenoiditis is persistent even if the abducens palsy recovers. In this way, the focus of infection is effectively eradicated and recurrences are avoided.



Figure 3: Contrast enhanced MRI of the patient with sphenoid sinus mucocele shows debris in the sphenoid sinus (case 6).

The botulinum neurotoxin has been advocated to weak the medial rectus muscle in patients with sixth nerve palsy from trauma, ischemia, inflammation, or tumors (10). Results have been reported as better than expected spontaneous recovery rate of 12-54% in the literature (10). When treated with botulinum toxin less than six months from the onset, recovery has been reported in 38-70% of cases, with a significant number achieving binocular fusion (6). The toxin is most commonly used in patients with lateral rectus muscle paresis in both its acute and chronic forms (4). It has been suggested that the botulinum toxin also has a role in preventing development of contracture in acute lateral rectus paresis (21). We injected botulinum (Botox® Vial, 100 units, Abdi İbrahim) into the medial rectus of our patients to prevent the development of contracture and to achieve binocular fusion (Figure 5). The diplopia disappeared completely on the 7th day. The effect of botulinum was fully evident after 3 months of follow-up. The function can be recovered by formation of new synaptic contacts, and this usually takes two to three months (21).



Figure 5: A: The right lateral gaze palsy of the patient with sphenoid sinus mucocele (case 6).
B: The same patient after botulinum toxin injection..

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