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## Original Investigation

# New Clues in the Malignant Progression of Glioblastoma: Can the Thioredoxin System Play a Role?

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## ABSTRACT

**AIM:** To evaluate and compare the expression of thioredoxin reductase 1 (TrxR1) in primary and secondary glioblastoma samples.

**MATERIAL and METHODS:** Surgically resected human glioblastoma samples from 40 patients who underwent surgery at our institution were extracted from their histopathological specimens and divided into three groups. Ten histopathologically regular cerebral tissue samples, acquired from the non-neoplastic portion of the specimens, were assigned as the control group. Twenty specimens that included tumoral tissue from each type of glioblastoma (WHO grade IV, primary and secondary) were assigned as the primary and secondary glioblastoma groups. TrxR1 expression was analyzed by using both quantitative reverse transcription polymerase chain reaction (qRT-PCR) and immunohistochemistry. Isocitrate dehydrogenase 1 (IDH1) mutation was analyzed by immunohistochemistry. Ki-67 proliferative index and apoptosis were also analyzed by immunohistochemistry. The differences between the groups were statistically compared and the correlation between these parameters was analyzed.

**RESULTS:** The expressions of TrxR1 and Ki-67 values were significantly high in primary glioblastoma. IDH1 mutation was significantly high in secondary glioblastoma. TrxR1 expression was found to be highly correlated with the Ki-67 index. The apoptotic index was similar between primary and secondary glioblastoma.

**CONCLUSION:** This study showed high TrxR1 expression in primary glioblastoma which could indicate a role of the Trx system in promoting the malignant progression by some complex processes.

**KEYWORDS:** Thioredoxin reductase 1, Isocitrate dehydrogenase 1, Glioblastoma, Primary, Secondary, Mutation

## INTRODUCTION

Glioblastoma has two subtypes based on clinical and genetic findings including primary glioblastoma, which arises *de novo*, and secondary glioblastoma, which progress from low grade gliomas to glioblastoma (7). Primary glioblastomas develop rapidly *de novo* without clinical or histological evidence of a less malignant precursor lesion, manifest especially in elderly patients. Secondary glioblastomas progress from a less malignant precursor

lesion like as low-grade diffuse astrocytoma or anaplastic astrocytoma. Secondary glioblastomas are usually seen in younger patients and have less necrosis with significantly better prognosis (16). Determinative genetic signposts of secondary glioblastoma are isocitrate dehydrogenase 1 (IDH1) mutations, which are absent in primary glioblastomas (10,16).

Thioredoxin (Trx) and thioredoxin reductase (TrxR) are redox-active proteins that participate in various cellular events such as promotion of growth, apoptosis, and cellular defense

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mechanisms (19). The relevant literature indicates that the level of TrxR is increased in glioblastoma patients (12). A significant increase of thioredoxin reductase 1 (TrxR1) in astrocytomas according to their ascending grades has been shown previously (5).

In the present study, we examine and compare TrxR1 expression, IDH1 mutation, Ki-67 and apoptotic index patterns of surgically resected primary and secondary glioblastoma tissues by using quantitative reverse transcription polymerase chain reaction (qRT-PCR) and immunohistochemistry.

## ■ MATERIAL and METHODS

### Patient Group

Surgically resected human glioblastoma samples from 40 patients who underwent surgery at our institution from 2006 to 2013 were selected for this study. Fixed specimens in 4% phosphate-buffered formaldehyde were extracted into paraffin-embedded blocks. Two experienced neuropathologists conducted the histopathological investigations such as typing and grading of the hematoxylin and eosin (H&E)-stained slides according to the World Health Organization (WHO) criteria (13). Ten histopathologically regular cerebral tissue samples acquired from the non-neoplastic portion of the specimens were assigned as the control group. Twenty specimens, which included tumoral tissue from each type of glioblastoma (WHO grade IV, primary and secondary), were assigned as the primary and secondary glioblastoma groups. The patient groups had not received chemotherapy or radiotherapy before surgery. Informed consent from patients or their primary relatives and ethical approval from local ethics committee of our institution were obtained.

### RNA Isolation and qRT-PCRs

Ribonucleic acid (RNA) isolation and qRT-PCR evaluation were done in a standard fashion similar to the literature (5). Briefly, total RNA was isolated from formalin-fixed, paraffin-embedded (FFPE) tissues using the High Pure FFPE RNA Isolation Kit (Roche Applied Science, cat. 6868517), according to the manufacturer's instructions. The Transcriptor First Strand c-DNA Synthesis Kit (Roche Applied Science) was used to generate c-DNA from RNA, according to the manufacturer's instructions; 10  $\mu$ L total RNA was used for amplification. Amplification reactions were set up in a reaction volume of 20  $\mu$ L using the LightCycler 480 PCR Master Mix (Roche Applied Science, cat. 04707494001). PCR primaries and TaqMan probes (Roche Applied Science, cat. 05532957001) were synthesized and preoptimized. qRT-PCR was performed using PCR primaries (human TrxR1 forward, 5'-CCGCAACAGCCAAAATGGTGA-3', and reverse, 5'-AGCATGATT AGGCAAACCTCCGTAA-3'; and human GAPDH forward, 5'-GACTCATGACCACAGTCCATGC-3', and reverse 5'-AGAGGCAGGGATGATGTTCTG-3' and TaqMan probes in the LightCycler 480 II system (Roche Applied Science). Amplification was performed for 40 cycles at 95°C for 10 seconds, followed by 60°C for 30 seconds, and 72°C for 1 second. Quantitation was achieved using the comparative CT method, normalizing against the glyceraldehyde 3-phosphate

dehydrogenase (GAPDH) gene. The expression levels in tumor tissues relative to the non-tumor controls were assessed using the  $2^{-\Delta\Delta Ct}$  method. Briefly, the threshold cycle (Ct) of fluorescence for each sample was determined.  $\Delta Ct$  indicates the difference in expression levels between TrxR1 and GAPDH ( $\Delta Ct = Ct_{TrxR1} - Ct_{GAPDH}$ ), and  $\Delta\Delta Ct$  indicates the difference in the  $\Delta Ct$  value between the tumor tissue and the control ( $\Delta\Delta Ct = \Delta Ct_{tumor} - \Delta Ct_{control}$ ). The  $2^{-\Delta\Delta Ct}$  value (fold-value) was calculated.

### Immunohistochemistry

Immunohistochemical evaluation was done in a standard fashion similar to the literature (5). Previously paraffin-embedded specimens were sectioned (4  $\mu$ m thickness) and mounted onto positively charged slides (Objektträger, Germany). Immunohistochemistry was then performed using an automated avidin biotin system (Ventana Benchmark XT, Ventana Medical Systems, Tucson, AZ, USA) employing specific commercially available antibodies.

The Ki-67 index was evaluated by using a monoclonal antibody (Thermo Fisher Scientific Inc., MA, USA), TrxR1 expression was evaluated by using anti-TrxR1 antibody (Anti-TXNRD1 Polyclonal Antibody, Bioss, MA, USA). Immunohistochemistry for IDH1 mutation was evaluated by commercially available monoclonal antibody (MABC171, Anti-Isocitrate Dehydrogenase 1 (IDH1)-R132H Antibody, clone HMab-1, Merck Millipore, Darmstadt, Germany). Cell nuclei with any brown coloration were considered Ki-67 positive, regardless of the intensity or pattern of staining. Ki-67 positive nuclei were counted in ten areas selected at random, using a x40 objective. The procedure was repeated twice for each specimen and the counts averaged. Ki-67 positivity was calculated as the number of immunoreactive nuclei per total number of cells.

For TrxR1, the cytoplasmic immunoreactivity patterns were categorized as negative (0), weak (1), moderate (2), or intense (3) as reported previously (8).

For the evaluation of IDH1 mutation, combined cytoplasmic and nuclear staining was interpreted as immunopositive. The results were accepted as negative if no tumor cell was immunopositive and positive if a focal or diffuse immunopositivity was detected (1).

### Immunostaining for Apoptosis

Immunohistochemical evaluation was done in a standard fashion similar to the literature (5). The ApopTag Peroxidase In Situ Apoptosis Detection Kit (Chemicon International, Apoptosis Detection Kit, S7101, CA, USA) was used to demonstrate apoptosis in a cross-section of non-necrotic tumoral tissues. Paraffin-embedded samples were deparaffinized and rehydrated in decreasing concentrations of alcohol. Samples were first treated with proteinase K (20 mg/mL) for 15 minutes at room temperature to increase their permeability. After blocking of endogenous peroxidase activity by incubation with 3% H<sub>2</sub>O<sub>2</sub> for 5 minutes, 75 mL equilibration buffer was applied to the sections. The samples were then treated with terminal deoxynucleotidyl transferase (TdT enzyme) in a humidified chamber for 1 hour at room temperature. TdT catalyzes the

polymerization of nucleotides to free 3'-OH DNA ends in a template-independent manner and is used to label DNA strand breaks. Sections were then incubated with an anti-digoxigenin peroxidase conjugate for 30 minutes. To develop color, a peroxidase substrate was applied for 3–6 minutes. Samples were subsequently counter-stained with hematoxylin and mounted. Between steps, the slides were washed in phosphate-buffered saline (PBS). Nuclear staining was observed in the cell nuclei of the tumor sections. The apoptotic index was estimated as the number of immunoreactive nuclei per total number of cells and expressed as a percentage.

**Statistical Analysis**

SPSS for Windows 18.0 (SPSS, Inc., Chicago, IL, USA) was used for statistical analyses. Obtained data was expressed as median, minimum-maximum or mean±standard deviation (SD). The Kruskal–Wallis test was used. Pairwise comparisons were analyzed by the Mann–Whitney test with Bonferroni adjustment. Correlation analysis was done with Spearman's rank correlation coefficients. p<0.05 was considered statistically significant.

**RESULTS**

The primary glioblastoma group showed significantly high TrxR1 expression in both qRT-PCR and immunohistochemical evaluations when compared with the control and secondary glioblastoma groups (p<0.05). The results of qRT-PCR experiments are summarized in Table I and the results of immunostaining can be seen in Figure 1A-O.

The IDH 1 mutation was significantly high in secondary glioblastoma (p<0.05). Seven samples from secondary glioblastoma and one sample from primary glioblastoma

showed IDH1 mutation. Other samples showed negative staining for IDH1 mutation and were referred to as wild type IDH1.

The Ki-67 index was significantly high in primary glioblastoma (p<0.05). The Ki-67 index and the expression of TrxR1 were found to be highly correlated.

The apoptotic index of primary glioblastoma was significantly higher than in the control group (p<0.05) but the difference between glioblastoma groups was not significant (p>0.05).

The results of immunostaining are summarized in Table II and representative images of each group are presented in Figure 1A-O.

**DISCUSSION**

Growth signaling independency, insensibility to growth inhibitory signaling, sparing from apoptosis, limitless replication capacity, continuous angiogenesis and tissue invasion capacity are the hallmarks for the development of neoplasia. Although the conceptual importance, type and time trend of interaction were unclear, increasing evidence suggest that Trx signaling involves in a variety of these neoplastic processes (9).

The Trx system harbors ribonucleotide reductase, overexpression of which potentially leads to expanded and imbalanced mutagenic deoxynucleotide pools (2,9,15). It has been suggested that the Trx system may support the progress of a malignant phenotype by influencing major genetic rearrangements, gene amplifications, loss of growth control and resistance to therapy (2,6).

Söderberg et al. indicated an anti-apoptotic role for the Trx system through various pathways including a reduction in

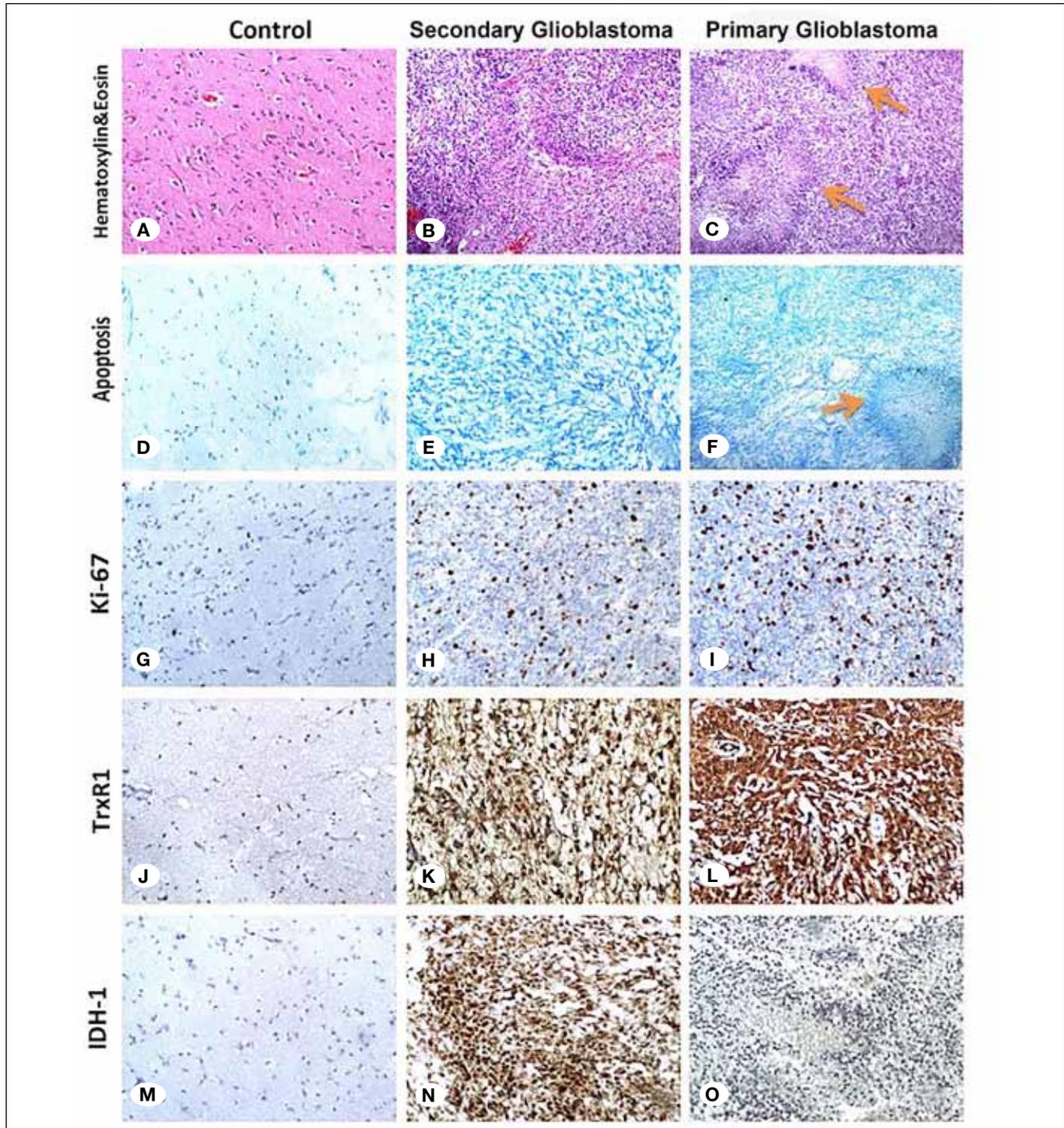
**Table I:** Fold Change in Expression of TrxR1 Gene Relative to the Reference Gene GAPDH in Control and Glioblastoma Groups

| Sample                 | GAPDH C <sub>t</sub> | TrxR1 C <sub>t</sub> | ΔC <sub>t</sub> (Avg. TrxR1- Avg. GAPDH) | ΔΔC <sub>t</sub> (Avg. ΔCt - Avg. ΔC <sub>t</sub> control ± SD) | Normalized TrxR1 mRNA expression relative to control 2 <sup>ΔΔCt</sup> ± SD (min, max) |
|------------------------|----------------------|----------------------|--|---|--|
| Control                | 26.87                | 25.76                | -1.11                                    | 0   | 1 (0.87-1.19)  |
| Secondary glioblastoma | 29.39                | 24.43                | -4.96                                    | -3.85   | 14.14±4.04 (8.52-21.10)  |
| Primary glioblastoma   | 29.85                | 24.33                | -5.52                                    | -4.41   | 21.30±4.4 (14.83-31.22)  |

**Table II:** Immunostaining Results

| Immunostaining  | Control  |                  | Secondary glioblastoma |                  | Primary glioblastoma |                  |
|-----------------|----------|------------------|------------------------|------------------|----------------------|------------------|
|                 | Mean±SD  | Median (min-max) | Mean±SD                | Median (min-max) | Mean±SD              | Median (min-max) |
| Apoptotic index | 0.1±0.31 | 0 (0-1)          | 1±1.17                 | 1 (0-4)          | 1.3±1.4              | 1 (0-5)          |
| Ki-67 index     | 0.1±0.31 | 0 (0-1)          | 17.85±5.63             | 17.50 (10-30)    | 27.05±5.67           | 25.50 (20-38)    |
| TrxR1           | 0.2±0.42 | 0 (0-1)          | 2,30±0,47              | 2 (2-3)          | 2.9±0.3              | 3 (2-3)          |
| IDH1 Mutation   | 0        | 0 (0-0)          | 0.35±0.48              | 0 (0-1)          | 0.05±0.22            | 0 (0-1)          |

The values were presented as median and mean ± SD.



**Figure 1:** Representative images of control, primary and secondary glioblastoma groups. H&E staining and immunostaining images for apoptosis, Ki-67, TrxR1 and mutant IDH1. **A)** Normal brain tissue (H&E, x100). **B)** Secondary glioblastoma (H&E, x40). **C)** Primary glioblastoma (H&E, x40) the arrows indicate palisading necrosis areas. **D)** Normal brain tissue showed negative staining for apoptosis (TUNNEL, x100). **E)** Secondary glioblastoma showed negative staining for apoptosis (TUNNEL, x100). **F)** Primary glioblastoma showed negative staining for apoptosis in non-necrotic area but positive staining in necrotic area (Arrow), (TUNNEL, x40). **G)** Normal brain tissue showed negative Ki-67 staining (x100). **H)** Secondary glioblastoma showed 10% Ki-67 positivity (x100). **i)** Primary glioblastoma showed 25% Ki-67 positivity (x100). **J)** Negative staining for TrxR1 in normal brain tissue (x100). **K)** Moderate staining for TrxR1 in secondary glioblastoma (x100). **L)** Intense staining for TrxR1 in primary glioblastoma (x100). **M)** Negative staining for mutant IDH1 in control group (x100). **N)** Positive staining for mutant IDH1 in secondary glioblastoma (x100). **O)** Negative staining for mutant IDH1 in primary glioblastoma (x40).

intracellular hydrogen peroxide via Trx peroxidase, direct inhibition of the apoptosis signal regulating kinase and encouraging cytokine discharge, which ensure the expression of Bcl-2 (19). TrxR1 could play an important role in tumor progression and resistance to chemotherapy through its anti-apoptotic functions (11).

The effect of the thioredoxin system in astrocytomas has been previously investigated in several studies. Haapasalo et al. reported more intense Trx and TrxR immunostaining for diffuse astrocytomas when compared with pilocytic astrocytomas (8). Kemerdere et al. reported significantly high TrxR levels in serum and tumoral tissues of glioblastoma patients (12). Recently, Esen et al. showed that TrxR1 was overexpressed in human astrocytomas according to their ascending grades (5).

In this study, we analyzed and compared the level of TrxR1 expression, IDH1 mutation, Ki-67 and apoptotic indices of primary and secondary glioblastoma groups and normal cerebral tissue acquired from non-neoplastic sections of histopathological specimens which served as a control group. This methodology was previously used in other studies (5,6).

Histologically, primary and secondary glioblastomas are usually similar, but they differ in their genetic and epigenetic profiles. Determinative genetic signposts of secondary glioblastoma are IDH1 mutations, which are absent in primary glioblastomas (10,16). IDH1 mutant glioma patients survive longer than wild type patients. According to multivariable analyses, IDH1 mutation can be an independent positive prognostic factor for glioblastomas (17).

We found significantly high IDH1 mutation and significantly low TrxR1 expression in secondary glioblastoma tissues. The Ki-67 index was significantly high in the primary glioblastoma group which demonstrates high proliferative activity. Ki-67 immunostaining is the most commonly used proliferative activity assessment method and is well correlated with the grade and prognosis of human gliomas (18). The apoptotic index of primary glioblastoma was significantly higher than the control group, but the difference between glioblastoma groups was not significant.

In normal mammalian cells, IDH catalyzes the oxidative decarboxylation of isocitrate to  $\alpha$ -ketoglutarate and reduces nicotinamide adenine dinucleotide phosphate (NADP<sup>+</sup>) to NADPH which also regulates the activity of Trx by TrxR in a substance-dependent manner (3,14,17). In glioma cells, IDH1 mutant enzyme reduces  $\alpha$ -ketoglutarate to d-2-hydroxyglutarate while converting NADPH to NADP<sup>+</sup>. In other words, IDH1 mutant enzyme consumes NADPH as it converts  $\alpha$ -ketoglutarate to 2-hydroxyglutarate and IDH1 mutant tissues have lower NADPH production, which is a key reducing equivalent supplying the major scavenging systems in a matrix like Trx (4).

The combination of our findings with the literature indicates high TrxR1 expression in primary IDH1 wild type glioblastoma, which is a more aggressive neoplasm, and lower TrxR1 expression with enhanced IDH mutation in secondary glioblastoma, which is a relatively less aggressive neoplasm (1,4,5,17). As indicated previously, this may be an explanation

of increased sensitization to irradiation and chemotherapy and subsequent prolonged survival of IDH1 mutant secondary glioblastoma patients (4).

## ■ CONCLUSION

This study has shown high TrxR1 expression in primary glioblastoma which can refer to a role of the Trx system in supporting astrocytoma progression by some complicated and relatively obscure processes. Further studies are required to explain the exact molecular pathways.

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