



Clinical Study of Decompressive Craniectomy in Children

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ABSTRACT

AIM: To evaluate the clinical characteristics of children who recently underwent decompressive craniectomy (DC) due to elevated intracranial pressure (ICP) correlated to head trauma or other causes, such as ischemic insult.

MATERIAL and METHODS: Twelve patients aged ≤ 17 years who underwent DC due to elevated ICP between 2013 and 2018 were included in the study. The clinical status of the participants, radiological characteristics, type and timing of surgery, and outcomes were recorded.

RESULTS: Three female and nine male patients with a mean age of 10 years were included. The initial average Glasgow Coma Scale score was 6 (3–12). All patients presented with signs of diffuse cerebral edema and subdural hematoma of various sizes along with other intracranial pathologies. Only one patient required bilateral frontal craniectomy. In the postoperative period, three patients died, and three had severe disability.

CONCLUSION: With the increasing use and success of DC in adults, this procedure can also be effective in children. Considering brain differences in children, large and well-structured clinical trials must be conducted to prevent complications and to identify the best technique, timing, and benefits of DC for children.

KEYWORDS: Decompressive craniectomy, Pediatric, Traumatic brain injury, Intracranial pressure, Glasgow coma scale

ABBREVIATIONS: Decompressive craniectomy (DC), Traumatic brain injury (TBI), Intracranial pressure (ICP), Glasgow Coma Scale (GCS)

INTRODUCTION

The incidence of head injury has increased among pediatric patients. According to a statistics report in North America, more than 2.5 million cases of pediatric traumatic brain injury (TBI) are recorded annually, leading to

50,000 hospitalizations and causing more than \$1 billion of hospital charges. TBI is a leading cause of death in children. The most common causes of death are motor vehicle collisions in adolescents/young adults and falls in children younger than 4 years (32,37).

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Pediatric patients may have better treatment outcomes than adult patients as they can recover from an extremely high intracranial pressure (ICP). Nevertheless, after a severe TBI, about 65% of pediatric patients present with high ICPs (60). In addition, more than half of TBI-related deaths are attributed to high ICP. Management strategies are limited, which include evacuating cerebrospinal fluid (CSF), decreasing blood or brain volume, inhibiting cerebral metabolic demands, and finally performing decompressive craniectomy (DC) to increase cranial volume. However, studies about the effects of DC on morbidity and mortality rates particularly in children must be conducted.

This retrospective clinical study aimed to evaluate the clinical outcomes of children who recently underwent DC due to high ICP correlated to head trauma or other causes, such as ischemic insult and hemorrhage.

MATERIAL and METHODS

Pediatric patients aged ≤ 17 years who recently underwent DC due to high ICP between 2013 and 2018 were evaluated retrospectively. Neurological status upon admission [as assessed using the Glasgow Coma Scale (GCS) score, pupil reaction, and presence of neurologic deficits], initial cranial computed tomography (CT) findings, history of any surgical procedure (hematoma evacuation and external ventricular drainage placement), and course of each patient were recorded. In addition, the time interval between admission and indication of DC (deterioration of patient status and new CT scan findings) were determined. The type of surgery for decompression, patients' status, and outcomes after surgery were also assessed.

RESULTS

Twelve patients have undergone DC between 2013 and 2018. Among them, three were girls and nine were boys aged between 2 and 17 (mean age: 10) years. Seven patients

were involved in a motor vehicle accident (MVA), three were injured from falling from a height, one had vascular injury after sustaining gunshot, and one was hit by a stone. MVA was more common in male than female patients (66%) (Figure 1).

Eleven patients required intubation after trauma. Among them, three were intubated at the accident site, and the remaining eight were intubated in the emergency room. One patient was intubated while in the course of deterioration. Moreover, only one patient had multiple traumas, including thoracic and abdominal injuries, and none of the patients had spinal or maxillofacial pathologies. Initial neurological examination revealed that the average GCS score was 6 (3–12). The GCS score of two patients was low preoperatively.

The pupils of six (50%) patients were isocoric during admission, and those of three (25%) patients were anisocoric. Three (25%) patients had fixed and dilated bilateral pupils. The GCS scores were lowest in the group with dilated pupils, which is an expected finding. The mean GCS score of the patients with isocoric pupils was 7. Only one patient had focal neurologic deficit. Two patients with anisocoria and one patient with fixed bilateral pupils died.

Emergent CT scan was performed on all patients. Three patients had linear skull fractures, three depressed skull fractures, and three skull base fractures. All patients presented with signs of diffuse cerebral edema and subdural hematoma of various sizes. Three epidural hematomas, two intracerebral hematomas, four subarachnoid hemorrhages, and five multiple contusions were observed.

The mean time between admission and surgery was 8.75 (range: 2–60) hours. Eleven patients had a unilateral large hemispheric craniectomy, and one patient underwent bilateral frontal craniectomy. A craniectomy flap was commonly placed in the subcutaneous plane of the abdominal wall in 11 patients (Figure 2), and one flap was preserved at –80°C. In one patient, a craniectomy flap could not be used due to degradation. The patient then underwent cranioplasty 1 year after DC, and a

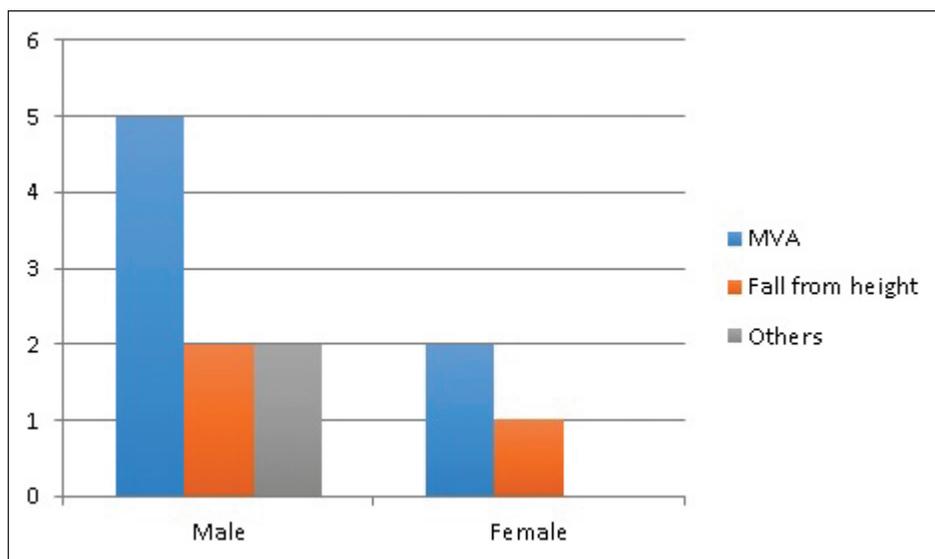


Figure 1: Differences in the etiology of trauma in terms of sex.

methyl methacrylate implant was used. Cranioplasty was commonly performed between 3 months to 1 year after DC.

The postoperative GCS score increased in eight patients. Two patients remained neurologically stable. However, the neurologic status of two patients worsened. Although DC was performed, three patients died. The mean outcome score was 3.25 (range: 1–5), with a mean follow-up of 6 (range: 4–12) months. Three patients had severe disability.

A 12-year old male patient sustained gunshot wound in the neck. He was transferred to our hospital for intensive care. During follow-up, the status of the patient deteriorated. Cranial CT scan showed infarct in the territory of the right middle cerebral artery. He underwent surgery 6 hours after his

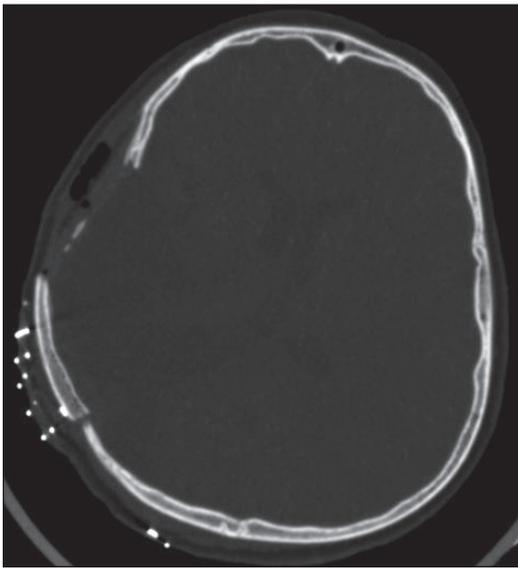


Figure 2: Postoperative CT scan of a patient who underwent cranioplasty. The patient's own bone graft, which was preserved in the subcutaneous tissue, was used.

first admission. Eight months after discharge, he underwent re-surgery for cranioplasty (Figures 3A, B).

■ DISCUSSION

The main goal in the management of head injury is to prevent secondary injury mainly caused by intracranial hypertension and reduced cerebral perfusion pressure. In recent decades, as a lifesaving intervention, DC has a progressively growing role in the management of intracranial hypertension due to traumatic brain injury or acute ischemic stroke in adult patients (53). In particular, in the latest guidelines published by the Brain Trauma Foundation in 2016, the recommendations for the management of DC were updated. That is, a large frontotemporoparietal DC (≥ 15 cm in diameter) was recommended over a smaller one to reduce mortality and improve outcome in patients with severe TBI at a IIA recommendation level (7). Moreover, in March 2019, the updated guidelines for the management of severe TBI among pediatric patients were published, and DC was recommended for the treatment of neurological deterioration, herniation, or intracranial hypertension refractory to medical management at level III recommendation (7,27). The difference between the recommendation levels for adult and pediatric patients (level IIA and level III, respectively) indicates that a low quality and quantity of evidence on the use of DC in children with severe TBI.

Recently, DC was considered unnecessary and redundant in clinical practice. Thus, conservative measures, such as use of hyperosmolar agents and barbiturates, CSF drainage, and sedation, were considered (24). However, even short-term increases in ICP (over 40mm Hg) are associated with important and irreversible brain damage (7). Moreover, other second-line treatments may have more disadvantages than advantages. Barbiturate coma therapy, an accepted neuroprotective measure, increases the risk of complications, such as hypothermia and hypotension, and there is still no

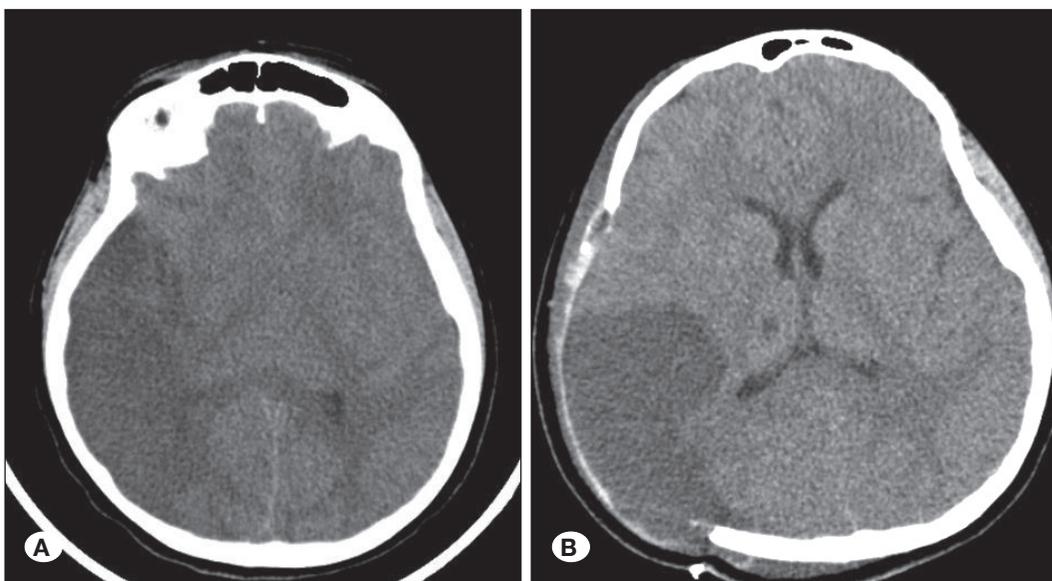


Figure 3: A) Shows the preoperative computed tomography (CT) scan image of a patient. The hypodense area represents infarct in the territory of the right middle cerebral artery. **B)** Shows the early postoperative cranial CT scan of the same patient. Reappearance of the ventricles that previously disappeared is obvious.

consensus about its goals and methods (6,10,12,16,18,19,23,25,34,35,40,42,47,48,54,57,60).

The results of most studies about the recommended craniectomy technique are consistent. To date, small temporal craniectomies are not used. A large frontotemporoparietal flap is commonly removed. If diffuse brain swelling or lesions in both sides of the brain are observed, large bifrontal craniectomies are performed. The dura is usually opened and exposed, and the brain is covered with the remaining dura and autologous fascia (9,20,21). In all patients (n=12), the dura was opened in accordance with the literature, and duraplasty with autologous fascia was performed.

One of the most frequently encountered problems after DC is hydrocephalus. Approximately 14%–29% of adults present with such condition (1,49,59). However, the actual incidence in children is not known. In our study, none of the patients developed hydrocephalus after DC.

Bone flap is commonly replaced weeks to months after surgery. The use of the original flap or synthetic cranioplasty is the main option (56,59). Bone flap can be stored in the abdominal wall of the patient or in a certified tissue bank. Today, three-dimensional printers are used to mold synthetic grafts to achieve the most accurate shapes. In our series, the craniectomy flap was placed in the subcutaneous tissue of the abdominal wall, and one flap was stored in the freezer.

Ideally, DC should be performed within the first 48 hours after TBI or the onset of intracranial hypertension (21,41). In addition, several reports have indicated that DC should be performed at an early stage in pediatric patients to achieve better outcomes (21,42,55). In our patients, the mean time between admission and surgery was 8.75 (range: 2–60) hours.

Although the condition of children improves after severe TBI, currently, patients cannot be classified according to age groups, such as younger than 2, 2–6, 6–12, and 12–18 years (21). Since there is a small number of patients included in the study, such stratification was not performed.

The prognosis after trans-tentorial herniation is usually poor. A good prognosis is achieved in 27% of patients with unilateral dilated pupils and 3.5% with bilateral dilated pupils (4,21,44). In our series, the pupils of six (50%) patients were isocoric during admission, and those of three (25%) patients were anisocoric. Moreover, three (25%) patients had fixed and dilated bilateral pupils. Only one (33.3%) of three patients who had fixed and dilated pupils survived and underwent cranioplasty, and the two other patients who had anisocoric pupils died. The GCS scores were lowest in the group with fixed and dilated pupils.

ICP monitoring is included in the guidelines on the management of severe TBI. Although numerous studies, including the BEST-TRIP trial, have shown that ICP monitoring did not have any effect on prognosis, some reports have revealed better mortality and morbidity rates (2,8,11,14,29,43). In ICP monitoring, the threshold for DC in adults and children is controversial. Some centers use a threshold of 15 mmHg for children (13,22,36). In our study, due to financial constraints, ICP monitoring was not performed.

Malignant stroke may be observed in some patients with ischemic cerebral infarction (5), which is characterized by progressive edema and increased intracranial pressure leading to trans-tentorial herniation and deterioration and loss of patient. Recently, DC has gained wide acceptance and is considered an effective surgical intervention for the management of these patients. However, as the occurrence of ischemic stroke is extremely rare in children, with an incidence of 1.2–3.6 cases per 100,000 per year, and less than 2% of patients present with malignant ischemic strokes, knowledge about the management of children with these conditions who underwent DC is extremely limited (3,15,17,26,28,30,31,33,38,39,45,46,50–52,58). In our clinical series, one child (aged 11 years) with gunshot wound in the neck and carotid artery dissection developed cerebral infarction with symptoms of progressive herniation. However, the patient recovered well after DC.

■ CONCLUSION

As previously mentioned, information about the benefits or complications of DC in children remains limited. With the increasing use and success of DC in adults, this procedure can also be effective in children. However, considering brain differences in children, large and well-structured clinical trials must be conducted to prevent complications and to identify the best techniques, timing, and actual benefits of DC for children.

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