MR Cisternography in the Posterior Fossa: The Evaluation of Trigeminal Neurovascular Compression

AIM: To evaluate the utility of 3D-magnetic resonance cisternography (MRC) of posterior cranial fossa in visualizing trigeminal neurovascular compression in patients with trigeminal neuralgia.

MATERIAL and METHODS: 146 consecutive patients in the period from June 2010 to July 2011 in our institute diagnosed with trigeminal neuralgia underwent MRC on the posterior cranial fossa. MR devices used for MRC included two sets of 3.0 tesla and one set of 1.5 tesla. The hydrography sequences for MRC included 3D-SPACE and 3D-DRIVE.

RESULTS: In total, 75 patients (51.4%) were found with trigeminal neurovascular compression on MRC. Among them, 25 patients underwent microvascular decompression. Intraoperatively, 20 patients (80%) had related arteries consistent with imaging manifestations on MRC. Nevertheless, the arterial compression combined with petrosal vein could not be identified on MRC in 3 of the 20 patients. In the inconsistent 5 cases, the involved vessels were confirmed as superior petrosal veins during the surgery.

CONCLUSION: 3D-MRC has prominent clinical value in determining the trigeminal neurovascular compression and identifying the related vessels. However, MRC does have certain limitations on identifying petrosal vein compression.

KEYWORDS: Magnetic resonance cisternography, Trigeminal nerve, Cerebellopontine angle cistern, Neurovascular compression

INTRODUCTION

Trigeminal neuralgia caused by vascular compression is commonly seen clinically (1,3,4,7,20,23,24), and accurate diagnosis often depends on the imaging evidence of trigeminal neurovascular compression (NVC) (20,23). The value of the traditional imaging on diagnosis of NVC is very limited, and conventional MRI is also inadequate to provide precise assessment of nerve-vessel relationship in cerebellopontine angle (CPA) region (19,23). By increasing the contrast between cerebrospinal fluid and vessels/ nerves, MR cisternography (MRC) could clearly display trigeminal nerve root and adjacent vessels to get direct signs of possible NVC (21). To evaluate the clinical significance of 3D-MRC on the demonstration of NVC and offer valuable imaging information of trigeminal neuralgia to neurosurgeons, we reviewed clinical and image data of 146 consecutive patients.
who underwent 3D-MRC due to trigeminal neuralgia in our institute in fourteen months.

MATERIAL and METHODS

146 consecutive cases with trigeminal neuralgia were examined by MRC in the duration from June 2010 to July 2011 in our institute. The MR devices used for MRC included Trio 3.0T and Avanto 1.5T (Siemens company), and Achieva 3.0T (Philips Medical Systems Inc). The hydrography sequences for MRC included 3D-SPACE (three-dimensional sampling perfection with application-optimized contrasts using different flip-angle evolutions) with the following imaging parameters: TR/TE1000-1200ms/131-264ms, matrix 384X384-320X320, pixel: 0.5X0.5; Nex:1.6-2, reconstructive slice thickness: 0.5-1.0mm, and 3D-Drive (three-dimensional driven equilibrium) with the following imaging parameters: TR/TE: 2000/200ms, matrix: 256X168, pixel: 0.6X0.6; Nex: 2, reconstructive slice thickness: 0.5-1.0mm. On image processing workstation, raw imaging data were used for oblique sagittal, coronal, or random orientation multi-planar reconstruction (MPR) according to the requirement of observers to determine the relationship between trigeminal nerve and vessels. In the analysis of the MRC image, the reversed gray scale technique was used so as to emphasize the image contrast. Image processing and analysis was carried out by two neurosurgeons and an experienced radiologist. The criteria to determine the responsible vessels for the trigeminal neurovascular compression were that the vessels were attached to the trigeminal nerve roots and resulted in the displacement of the nerve. In this series, 55 cases with trigeminal NVC, including 31 males and 24 females, age range 38-74 years with a mean age of 58.7 years, were demonstrated by MRC. According to the findings on MRC, neurovascular decompression surgeries were performed in 25 cases of them.

RESULT

75 cases (51.4%) with trigeminal NVC, including 14 with bilateral and 61 with unilateral compression, were found in 146 cases. Among the unilateral cases, 26 cases were on the right side and 35 cases on the left side. Ipsilateral complex compressions by two different vessels were found in 5 cases, including 3 in the left side and 2 in the right. In total, 94 related vessels of trigeminal compression were discovered, including 57 (60.6%) superior cerebellar arteries (SCAs), 19 (20.2%) anterior inferior cerebellar arteries(AICAs), 5 (5.3%) basilar arteries (BAs), 3 (3.2%) vertebral arteries (VAs), 2 (2.1%) posterior inferior cerebellar arteries (PICAs), and 8 (8.5%) uncertain vessels in which the source could not be determined (Table I).

The anatomic basis for SCA resulting in trigeminal NVC is that its anterior pontomesencephalic segment and lateral pontomesencephalic segment frequently bend down to touch the trigeminal nerve root. Of 57 SCAs compression, 3 touched the upside of the trigeminal nerve and pressed it inferiorly. The others embedded into the area between trigeminal nerve root and brain stem, and pressed the inner side of the nerve pushing it outwards. As a result, the contact sites of trigeminal nerve root went through series of significant morphologic changes including concave, thinning and displacement (Figures 1 AB, 2 AB, 3 ABC). 49 SCAs’ sites pressing trigeminal nerve root were discovered, including main trunks in 21, bifurcations in 4, caudal branches in 17, and rostral combined with caudal branches in 7. For the other 8 SCAs, whether their exact anatomic contact sites located in the trunk or branches were uncertain. The offended sites of trigeminal nerve root by SCA included root entry zone (REZ) in 36, porus entry zone (PEZ) in 11 and preganglionic segment (PGS) in 10.

Compression of the AICA was identified as the vessel trunk bending upwards to contact the ipsilateral trigeminal nerve root. Of all 19 cases related to AICAs, 18 ones protruded into the interval between the trigeminal nerve and brain stem. There were 14 cases with REZ compression, 2 cases with PEZ and PGS respectively, causing thinning, concave and outward shifting of contact sites (Figure 4 A,B,C). One AICA got to the lateral border of the trigeminal nerve and pressed its PGS. In these cases, the junctions of the trigeminal nerve and brain stem were at a lower position, which were almost at the middle plane of internal auditory canal. On the oblique sagittal MPR, steeper pathway of the nerve from brain stem to meckel’s cavity could be seen clearly.

Tortuous and enlarged 3 VAs and 5 BAs with raised junction of bilateral VAs protruded superiorly into the inner side of trigeminal nerve. As a result, the nerves were pushed laterally and upwardly, causing their displacement and thinning (Figure 5 A,B). Adjacent to the contact sites, there were 6 arteries at REZ and PGS, and 2 arteries at PEZ. In these patients, the compression of ipsilateral CN-VIII and CN-IX were found simultaneously. In one case associated with CN-VIII and CN-IX compression by VA, the enlarged lumen with the mural thrombus was found.

PICA’s compressions were seen in two cases with distorted BA/ VAs. The raised VAs caused elevation of PIcAs, which

<table>
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<tr>
<th>Vessels</th>
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<tr>
<td>SCA</td>
<td>57 (60.6%)</td>
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<tr>
<td>Trunk</td>
<td>21 (36.8)</td>
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<tr>
<td>Bifurcation</td>
<td>4 (7.0)</td>
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<tr>
<td>Caudal Br.</td>
<td>17 (29.8)</td>
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<tr>
<td>Rostral+ Caudal Br.</td>
<td>7 (12.3)</td>
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<tr>
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<td>8 (14.0)</td>
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<tr>
<td>AICA</td>
<td>19 (20.2%)</td>
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<tr>
<td>VA</td>
<td>3 (3.2%)</td>
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<tr>
<td>BA</td>
<td>5 (5.3%)</td>
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<tr>
<td>PACA</td>
<td>2 (2.1%)</td>
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<td>Unknown</td>
<td>8 (8.5%)</td>
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<td>total</td>
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pushed the bottom of the PGS upwards. In 8 cases with trigeminal compression caused by uncertain vessels, all the offended sites of the trigeminal nerve root were at REZ. For the 5 patients with ipsilateral complex compression by multivessels, the related arteries were demonstrated as SCA plus AICA in 4 cases, and SCA plus BA in 1 case (Figure 6 A,B,C).

In our series, the compressed sites of trigeminal nerve root were REZ (61.7%), PGS (16%), PEZ (16%), and REZ + PGS (6.3%) (Table II). In the 25 cases who had underwent microvascular decompression, the uncertain related vessels of 5 cases on MRC were confirmed as petrosal vein’s branch surgically.

In the other 20 cases, surgical finding was consistent with radiological diagnosis of NVC. However, 3 of them were still with concomitant compression by petrosal vein’s branches, which were not diagnosed accurately on MRC.

DISCUSSION

Compression of trigeminal nerve root by vessels in cerebellopontine angle (CPA) is the common cause of trigeminal neuralgia (1,3,4,7,20,23,24). The main related arteries includes SCA, AICA, BA, VA and pontine artery (PA) (5,11,21). Imaging is the most effective means to diagnose NVC so far. Among the current imaging examination, MRI no
Figure 3: Rostral and caudal branches of SCA pressing REZ of trigeminal nerve simultaneously. (A) Axial 3D-SPACE MR image. Three vascular dots in the area medial to left trigeminal nerve, indicating the SCA trunk anteriorly and caudal and rostral branches posteriorly with compression of REZ of left trigeminal nerve, were shown. (B) Oblique sagittal MPR. The main trunk, caudal and rostral branches could be distinguished easily, and the status which caudal and rostral branches pressed REZ simultaneously was demonstrated distinctly. (straight arrow: main trunk; arrow head: rostral trunk; curve arrow: caudal trunk.)

Figure 4: Right AICA pressing right trigeminal nerve. (A, B) Axial 3D-DRIVE MR image from lower to higher section. Two dots and short line (black arrow) with the concaved adjacent REZ of right trigeminal nerve in the interval indicated a fact that a vessel protruded into axilla of right trigeminal nerve root and pressed it. (C) Oblique sagittal MPR. The status was demonstrated that the vessel located beneath the trigeminal nerve and ran upward to form a convexity pressing the nerve (arrow). The follow trail of the vessel pointed out that it was AICA (arrow head).

Figure 5: Left VA pressing trigeminal nerve. (A) Axial 3D-DRIVE MR image; (B) Oblique MPR. Left tortuous VA (arrow head) pressed trigeminal nerve root and resulted in its displacement and thinning (arrow).
as follow: the segment anterior to midbrain (S1), the segment lateral to midbrain (S2), the segment intra-fissure between cerebellum and midbrain (S3) and segment on cerebellar cortex (S4). The trunk of SCA divides into caudal and rostral branches on its travelling, and its bifurcation might locate at the medial, lateral or upper side of trigeminal nerve root. Before the artery moves into lateral midbrain-cerebellar fissure, S1 and S2 frequently bend down as shallow curve. Once the degree of the curve goes deep enough to offend the upside of trigeminal nerve root or protruding into the axilla (ie, the area between the trigeminal nerve root and brain stem), the trigeminal compression could be evoked. In that case, the compression caused by trunk and its bifurcation takes the largest proportion (25/57).

2. Anterior inferior cerebellar artery (AICA)

AICA belongs to the middle neurovascular group in posterior fossa, under the trigeminal nerve, closely related with CN-VI, VII, VIII. If the anterolateral segment of AICA bends upward,
it may touch the trigeminal nerve. At the same time, once the location of the trigeminal nerve root is relatively lower, the trigeminal NVC by AICA is more likely. In our series, compression caused by AICA took the second place. AICA ran upward to protrude into the axilla of the trigeminal nerve root to press it, and our finding is consistent with literatures. However, the contact or compression may also occur at nerve's lateral side, as we found in one case of this group.

3. Basilar artery (BA), Vertebral artery (VA) and Posterior inferior cerebellar artery (PICA)

In the case of cerebral arteriosclerosis, enlargement and tortuosity of vertebral or basilar artery are very common. This change is often accompanied by the elevation of bilateral VAs and their conjunction, resulting in the compression of related cranial nerves, including CN-V, VI, VII, VIII and XI. That occurs more common in hypertensive and elderly patients. In our group, the ages of all these patients were over 60-years old. Raised vertebral or basilar artery distorted to enter the medial side of trigeminal nerve, and pressed the nerve outwards and upwards. As the basilar and vertebral arteries have larger caliber and stronger pulse, the degree of displacement of nerve is usually more serious, also atrophy of the nerve is more obvious compared with that pressed by SCA or AICA. All these signs above occur in all of our 8 patients.

The compression of trigeminal nerve caused by PICA is quite rare. This happening is frequently with raising of VA. In our series, we found this situation in 2 cases. On MRC, PICA is displayed as a vascular shadow close to the nerve. To determine it, we also need to understand its relationship with the vertebral artery on oblique coronal and sagittal images.

4. Pontine artery (PA)

Pontine artery is the relatively smaller artery which may bend upward to enter the medial side of trigeminal nerve, causing neural compression, similar to the AICA's offending. Continuously tracking its course on MRC is very helpful for distinguishing PA from AICA.

Consistent with the literature (12), we found that 61.7 % of related arteries, including SCA, AICA, BA, and VA, mainly as a form of curve went into the axilla to press the nerve. The axilla of trigeminal nerve belongs to REZ where trigeminal nerve root transits from brain stem. The sheath of this section is possibly incomplete, maybe that is the reason why the vascular compression in this region is more common in patients with trigeminal neuralgia (15). In our study, we noted that the symptoms of the patients who suffered the vascular compression at PGS were less serious. This may suggest that the myelination of the trigeminal nerve have close relation with clinical symptoms of NVC. José GL found that the pressed site at the axilla of the trigeminal nerve often had short distance of about 3 mm from the brain stem (6). Based on preoperative imaging and intraoperative observation, we also confirmed that, either SCA or AICA, the touch site had a short distance from the trigeminal-brainstem junction, indicating good consistency between the MRC findings and surgical discovery. As to BAS/VA, due to their larger caliber, they often oppress REZ and PGS simultaneously, as we found in 6 patients.

Trigeminal NVC: Diagnostic criteria and advantages of 3D-MRC

The trigeminal nerves always have close relationship with adjacent vessels. However, not all the people with neurovascular contact on trigeminal nerve have trigeminal neuralgia (17,20). Therefore, to judge whether the adjacent vessel causes NVC on trigeminal nerve, we think that clinical symptoms of the neuralgia on trigeminal nerve distribution associated with imaging manifestations simultaneously such as thinning, atrophy or displacement of touch site of trigeminal nerve on MRC, should be considered as the conclusive evidence of trigeminal nerve-vascular compression.

Because the T2WI of conventional MRI has wide slice thickness, layer gap and unsatisfied contrast, it has some limitations on displaying the relationship between the trigeminal nerve root and adjacent vessels (23). Compared with conventional MRI, MRA has obvious advantages in showing related vessels, however its contrast between cistern signal and nerve signal is still unsatisfied. By increasing CSF signal and depressing the background tissue signal, the MRC improves the contrast between cerebrospinal fluid and adjacent structures so that the clarty of nerve and blood vessels is significantly increased, and the accuracy and sensitivity exploring their relationship are greatly improved (21). After obtaining the raw data, 3D-MRC could use MPR, virtual endoscopy (VE) or other post-processing techniques at workstation to get stereoscopic and realistic images to diagnose trigeminal NVC. In our group, related arteries visualized on MRC were all confirmed operatively in 25 patients who underwent surgical treatment, thus indicating high diagnostic accuracy of MRC.

The clinical values and limitations of 3D-MPC for trigeminal NVC

Compression caused by single vessel is common resulted from SCA or AICA. The curve of SCA or AICA, protruding into the axilla of the trigeminal nerve root, appears as two small dot-like shadows on axial image, representing the cross-section of its ascending and descending branch. According to our experience, on oblique sagittal MPR, the vascular curve above trigeminal nerve is more likely SCA's, while the one below the nerve is likely AICA's. Using MPR, we could explore vascular continuous courses to judge its relationship with basilar artery. This will provide some useful guidance for the design of operation protocol.

To SCA compression, as we discussed above, the relative position of SCAs bifurcation has clinical significance on the severity of trigeminal compression. MPR could help us display the site of SCA's bifurcation definitely.

The cause of trigeminal compression by AICA ascribes not only to its high position of the initial point of AICA from the basilar artery, but also to the lower position of the junction of trigeminal nerve and brainstem. In our group, lots of patients
were found in such situation. Those junctions of nerve and brainstem were displayed on the plane of internal auditory meatus, suggesting that acoustic nerve was close to the trigeminal nerve. Exploring this on MRC is very necessary for preoperative formulation to protect acoustic nerve.

When the enlarged and twisted BA or VA offends trigeminal nerve, 3D-MPR is very useful to display the thinning and displacement of the trigeminal nerve root by comparing the contralateral one. Once bilateral VAs elevate and twist to one side, we should carefully analyze which VA leads to the compression, because possibly the related artery is from the opposite side. In addition, the basilar artery and vertebral artery may also press the glossopharyngeal nerve, facial nerve and vestibulocochlear nerve at the same time. Combined with clinical presentation, neurovascular decompression surgery of multi-cranial nerves could be considered preoperatively by virtue of 3D-MPR.

While unilateral side of the trigeminal nerve is pressed by multi-vessels simultaneously, finding out the related vessels before operation is quite necessary. Especially when an enlarged BA or VA associated with a small vessel push the trigeminal nerve seriously, the small one is possibly likely to be ignored so that the decompression may not be operated thoroughly. MPR is very useful for showing these complex compressions. Using axial, coronal and oblique sagittal reconstruction along the direction of the nerve and vessel, it is not difficult to explore the pressed site of trigeminal nerve and discover the number of related vessels. Among our patients, we found a case with complex compression by BA and an inconspicuous SCA on MPR. This compression by combined cryptical SCA was confirmed in surgery.

Moreover, to micro-neurosurgery, subarachnoid width of CPA have a significant impact on the exposure of the operative field and surgical operations, therefore preoperative understanding is very important. MRC has obvious advantages in displaying cerebral cistern size. Conventionally, CPA cistern will widen as the age increases, that is to say, the width of CPA cistern in the elder is wider than that in the young. Some people's CPA cistern are congenital narrower than their peers, as we found in two cases. On MRC, neurosurgeons are able to get such information preoperatively in case the nerves and vessels are damaged by excessive traction.

Although MRC has prominent advantages in displaying NVC in patients with trigeminal neuralgia, we still found its some limitations compared with surgical confirmation in the following aspects.

1. In case of complex compressions by multi-vessels, the related vessel causing trigeminal neuralgia could not be determined sometimes. Especially with concurrent compression by branch of petrosal vein, MRC often could not judge it accurately, as 3 cases in our group. Moreover, simplex compression by the petrosal vein might be inaccurately diagnosed by MRC once in a while, and here we found 5 cases in such situation. This indicates that only using MRC to distinguish SCA or AICA from petrosal vein has considerable limitation.

2. The width of the CPA cistern has an impact on exploring relationship between nerves and vessels on MRC. To certain patients, their CPA cisterns are too narrow to determine the related vessels and track their sources.

Because arteries are presented as high signal intensity while veins are low signal intensity during the arterial phase on MRA, these imaging signs may help us distinguish veins from arteries among the liable vessels (10,23). As MRA possesses advantages on displaying the arteries but not good on showing the cranial nerves, we suggest that, if possible, MRC and MRA should be performed at the same time for the patients with trigeminal neuralgia. It may be helpful in determining trigeminal NVC, clearing related vessels and increasing the accuracy of imaging diagnosis.

CONCLUSION
As we discussed above, there is no causal relationship between the neurovascular contact and trigeminal neuralgia. Therefore combination of clinical symptoms and imaging findings is very important to correct diagnosis of trigeminal NVC. To the patients suffering trigeminal neuroglia, the status of ipsilateral trigeminal nerve touched by vessels, including thinning, atrophy and displacement on image, should be determined as the conclusive evidence of trigeminal NVC. In terms of judging NVC, finding out the number and the origin of the related vessels, observing the change and contact site of involved nerve, as well as displaying the width of CPA cistern, 3D-MRC provides valuable information for neurosurgeons to plan the proper treatment regimen. However, the MRC still has certain limitations in identifying veins. In case of uncertain vascular origin or nature on MRC, we recommend performing MRA to help determining related vessels and improving diagnostic accuracy.

REFERENCES


