

# Computed Tomography Findings in Cerebral Hydatid Disease

## *Serebral Hidatik Hastalığında Bilgisayarlı Tomografi Bulguları*

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### ABSTRACT

**AIM:** To describe imaging findings of cerebral hydatid cysts on computed tomography of brain.

**MATERIAL and METHODS:** We retrospectively reviewed CT scans of brain in 5 patients with pathologically confirmed hydatid cysts in cerebral hemispheres. The patients were scanned either on a spiral (single slice) CT or on multidetector-row CT before and after intravenous injection of iodinated contrast material.

**RESULTS:** All the patients were children aged 8 to 13 years with 3 boys and 2 girls. Features of raised intracranial tension were present in all the cases at presentation. CT findings of a large intracerebral cystic lesion with significant mass effect and without any calcification or enhancement were common in all 5 cases. Perilesional edema was present in 1 case. Cerebral hydatid was seen as either a homogenous fluid attenuation unilocular cyst (3 cases) or a unilocular cyst with few peripheral daughter cysts (1 case) or cyst filled by multiple daughter cysts inside (1 case). All the cases were operated and cyst was removed completely after craniotomy.

**CONCLUSION:** Accurate preoperative diagnosis of cerebral hydatid by CT followed by surgery with care to avoid cyst rupture can result in favorable outcome.

**KEYWORDS:** Cerebral hydatid cyst, CT, Echinococcosis

### ÖZ

**AMAÇ:** Beyin bilgisayarlı tomografisinde serebral kist hidatiklerin görüntüleme bulgularının tanımlanması.

**YÖNTEM ve GEREÇ:** Serebral hemisferlerde hidatik kistleri olduğu patolojik olarak onaylanmış 5 hastanın BT görüntüleri retrospektif olarak incelendi. Hastalar iyotlu kontrast madde verilmesinden önce ve sonra ya bir spiral BT (single slice) ya da multidetector-row BT ile tarandı.

**BULGULAR:** Hastalar 8 ile 13 yaş arası 3 erkek ve 2 kız çocuğu idi. Bütün vakalarda başvuru esnasında kafaiçi basınç artış bulguları vardı. 5 vakanın hepsinde belirgin kitle etkisi yapan ve kalsifikasyon veya kontrast tutulumu göstermeyen büyük bir intraserebral kistik lezyona ait BT bulguları görüldü. 1 vakada perilezyonel ödem görüldü. Serebral kist hidatik ya homojen sıvı dolu tek lobüllü kist (3 vaka), ya birkaç tane çevresel yavru kisti olan tek lobüllü bir kist (1 vaka), ya da içinde birçok yavru kist olan bir kist (1 vaka) şeklinde görüldü. Bütün vakalar ameliyat edildi ve kist kranyotomiyle tamamen çıkartıldı.

**SONUÇ:** Serebral kist hidatiklerin ameliyat öncesi BT ile doğru teşhisi ve kist patlamasını engellemek için dikkatli cerrahi uygulanması iyi sonuçlar alınmasını sağlayacaktır.

**ANAHTAR SÖZCÜKLER:** Serebral kist hidatik, BT, Ekinokokus

### INTRODUCTION

Hydatid disease in humans is a zoonotic infection caused by the larval stage of tapeworm of the genus *Echinococcus* (18). The disease is endemic in many sheep and cattle raising areas of the world like the Middle East, South America, New Zealand, Australia, parts of Europe, and India (13). However, because of modern day travel and population movement, it may be encountered in any part of the globe. Cystic echinococcosis caused by *E. granulosus* is much more common than alveolar echinococcosis caused by *E. multilocularis* (9). Adult form of the tapeworm *E. granulosus* lives in the intestine of definitive

host like dog which excretes the ova in feces. Sheep are the intermediate host in the life cycle of this parasite. Humans are accidentally infected after intake of food and water contaminated by the eggs of parasite (18, 13). Larva hatches from the ingested ova in intestine and enters the portal circulation of man. Liver as the first filter is the most commonly involved organ in humans followed by the lungs. Once within the systemic circulation, larva may lodge and develop into hydatid cyst in other organs of the body like brain (9, 17). Hydatid cyst grows slowly in the brain and presents due to mass effect when quite large (4, 13). Cerebral hydatid cyst is

diagnosed on the basis of imaging with CT and MRI (4). We describe CT findings in primary cerebral hydatid cyst in 5 children.

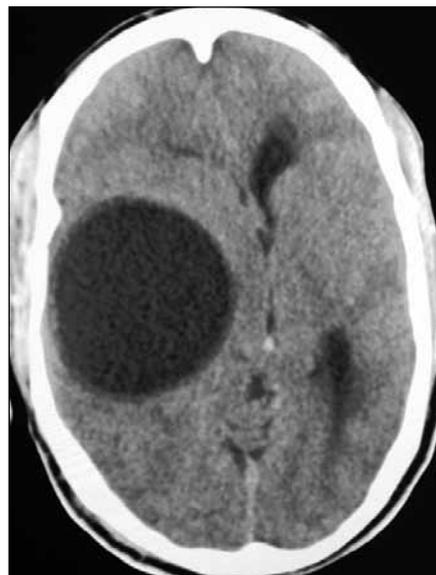
### MATERIAL and METHODS

We retrospectively reviewed CT scans of brain in 5 patients with pathologically confirmed cerebral hydatid cyst over a period of 3 years (2007-10). The study was approved by the institutional review board. Initially a non-contrast CT of brain was performed on acute neurological presentation to the emergency department which was followed by repeat CT after intravenous injection of iodinated contrast agent when a space occupying lesion was suspected in brain. Out of 5 patients with cerebral hydatid cysts, 2 were scanned on a spiral (single slice) CT; other 3 scans were performed on a 64-slice multidetector-row CT. CT brain was studied to determine the size, number, site and internal structure of the cyst as well as adjacent mass effect and edema produced by it. Ultrasonography of abdomen and X-ray chest were reviewed in all the cases. All the cases were operated emergently and Cystic Echinococcosis was confirmed on histopathology of the excised cyst.

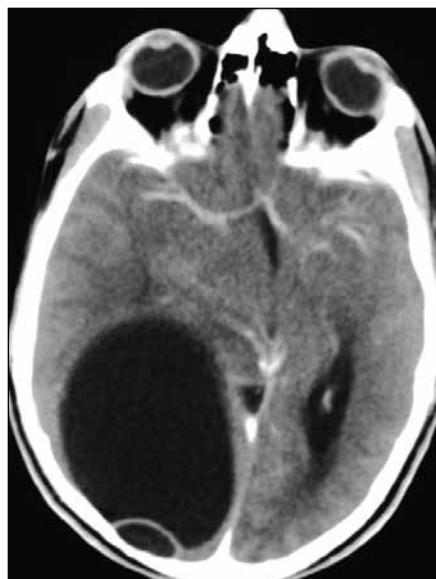
### RESULTS

All the cases with cerebral hydatid cyst were children aged 8-13 years with mean age of 10 years. There were 3 boys and 2 girls. Duration of illness ranged from 15 days to 3 months. Headache and vomiting at presentation were reported in all 5 cases. Visual disturbance, hemiparesis and seizures were seen in 2 patients each. Bilateral papilledema was present in all 5 cases. None of the cases had any cyst in liver or lungs. No cardiovascular abnormality was documented in any of the cases. A single cyst was seen in the supratentorial compartment of brain in all the cases; 3 cases had cyst in right and 2 in left cerebral hemisphere. 2 cases had cyst in temporoparietal and 2 had it in the parieto-occipital region of the brain; one cyst was in right temporal lobe. Cyst was spherical in 4 cases and oval in shape in 1 case. Cysts were entirely surrounded by brain parenchyma in all the cases (Figure 1). The smallest cyst was 6 cm in diameter and the largest one was 16 cm in largest dimension. Mass effect caused by the large size of cyst was present in all 5 cases in the form of compression of ipsilateral lateral ventricle and midline shift towards opposite side (Figure 1, 2). All the cases had a smooth and thin wall. No definite cyst wall calcification was seen in any of the cases. No contrast enhancement was present in any of the cysts. No perilesional edema was seen in 4 cases (Figure 1, 2). One large cyst with multiple daughter cysts inside was surrounded by white matter edema anteriorly due to superadded infection (Figure 3). Cyst showed homogenous fluid attenuation in 3 cases without any daughter cysts inside (Figure 1). Few peripheral daughter cysts were seen in 1 case (Figure 2). Multiple daughter cysts entirely filling the parent cyst were seen in 1 case (Figure 3). None of the cysts had collapsed membranes inside. Preoperative radiological diagnosis of cerebral hydatid cyst was suggested to the neurosurgeon in all 5 cases. Emergency surgery was performed in all cases due

to neurological deterioration. After craniotomy entire cyst was removed in all 5 cases without allowing any accidental cyst rupture. None of the patients developed anaphylaxis. All the cases had optimal recovery and none developed recurrence.



**Figure 1:** Contrast enhanced transverse CT image of brain showing a unilocular cyst, with homogenous fluid attenuation surrounded by thin imperceptible wall, in the right temporal lobe. No calcification, enhancement or perilesional edema is seen. Cyst is compressing right basal ganglia and thalamus; right lateral ventricle is effaced with midline shift towards left. Cyst is entirely surrounded by brain parenchyma.



**Figure 2:** Contrast enhanced transverse CT image of brain shows an oval cyst in the right occipital lobe with a daughter cyst inside posteriorly adjacent to wall. Mass effect is present. No contrast enhancement or perilesional edema is seen.



**Figure 3:** Contrast enhanced transverse CT image of brain showing a large oval shaped cyst lesion in the left parieto-occipital region entirely filled by multiple daughter cysts. Mild white matter edema is seen anterior to cyst. Significant mass effect is present with midline shift to right and compression of lateral ventricles with focal dilatation beyond obstruction.

## DISCUSSION

Intracranial hydatid cysts are rare and these comprise 2% of space occupying lesions in brain. About 1-2% of patients with hydatid disease have intracranial hydatid cyst (13, 19). Majority (75%) of the patients are in the pediatric age group. An underlying patent ductus arteriosus in young children may predispose to systemic inoculation and intracranial localization of *E. granulosus* larva (13, 19). All the cases in our study were children 8-13 years old. However patent ductus arteriosus was not documented in any case.

Intracranial hydatid cysts are commonly seen in the supratentorial compartment located in cerebral hemispheres. Other reported sites include subarachnoid space, ventricles, pons, cerebellum, aqueduct of Sylvius, extradural space and diploic space of skull bones (6, 11, 12, 14, 21). Cerebral hydatid cysts are solitary. Multiple hydatid cysts in brain parenchyma are very rare and result from spontaneous, traumatic or post-surgical rupture of cyst in brain or elsewhere with embolisation of hydatids to brain; multiple cysts may arise in brain itself (28, 5). Cerebral hydatid cysts are classified as primary and secondary. Primary intracranial hydatid cyst results from direct infestation of brain by the larva without any demonstrable involvement of other organs like liver and lungs (1, 23). Primary cysts are fertile containing brood capsules and scolices and their rupture may result in recurrent intracranial hydatid cyst. Primary cysts are usually solitary. Primary multiple cerebral hydatid cysts, each containing pericyst with scolices and brood capsules inside, are quite unusual resulting from multiple larvae infecting brain

after bypassing liver and lungs (5, 23). Secondary cysts are generally multiple and result from rupture of hydatid cyst in brain or in other organ of body (28). These cysts lack germinal membrane and are infertile with negligible risk of recurrence after their rupture (1). All the cases in our study were located in cerebral hemispheres and were solitary and primary there being no evidence of hydatid in liver or lungs.

Cerebral hydatid cysts are slowly growing. A growth rate of 1.5-10 cm/year has been reported (16). Patients present late when the cyst grows and becomes large in size to cause mass effect (4, 13). Headache and vomiting due to raised intracranial tension are the most common presenting features. Other manifestations of cerebral hydatid cysts are seizures, hemiparesis, visual disturbances and ataxia. Papilledema is usually present at the time of presentation in children with cerebral hydatid cysts. All the cases in our series had headache, vomiting and papilledema due to raised intracranial tension. Seizures and hemiparesis were other presenting features (9, 17, 18, 19).

Imaging with CT and MRI are central to the diagnosis of cerebral hydatid cysts. Both are equally good for detection and localization of the cyst in brain. Whereas CT is better in demonstrating cyst wall calcification, MRI has an advantage in delineating the relationship of the cyst with adjacent structures (4). Because of the acute and nonspecific neurological presentation, a patient with cerebral hydatid cyst is more likely to be imaged with CT than MRI due to the former being readily available in most of the emergency departments. Typical CT features of cerebral hydatid cyst include a spherical or oval homogenous fluid attenuation generally in the temporal and parietal lobes of cerebral hemispheres (8, 15). Cystic lesion is usually large with significant mass effect in the form of ventricular compression and midline shift. Calcification in the cyst wall is very rare, seen in around 1% of cases (20, 24). No enhancement or perilesional edema is seen in case of uncomplicated *E. granulosus* cysts (26, 29). Enhancement of the cyst and perilesional edema in a case of cystic echinococcosis of brain indicates complication like rupture, hemorrhage or infection in the cyst (10). Alveolar echinococcosis in comparison to cystic echinococcosis is seen as a solid or solid-cystic mass which commonly shows calcification and contrast enhancement with perilesional edema (27).

Recently an MR imaging classification has been proposed for cerebral cystic echinococcosis of brain on the lines of WHO classification of hepatic *E. granulosus* cysts (1). This classification classifies the cysts on the basis of their fertility activity and imaging morphology. Type 1 cystic echinococcosis (CE1) which are fertile active cysts with protoscolices appear as unilocular cysts without any visible wall or as unilocular spherical cysts with a clear visible wall. Type 2 cyst (CE2) which is also active is seen as unilocular mother cyst containing multiple vesicles arranged peripherally along the cyst wall. Type 3 (CE3) is a transitional form containing scolices that is seen as maternal cyst entirely filled by multiple daughter

cysts. CE 4 cysts show detached membranes as water-lily sign and CE 5 are calcified lesions. Both CE4 and CE5 are inactive cysts that have lost their fertility (1). Cerebral hydatid cysts on CT in our study showed varied morphology that corresponds to CE1, CE2 and CE3 types described with MRI. 3 cysts in our cases showed unilocular appearance that typifies CE1. One unilocular cyst had few peripheral daughter cysts along the wall corresponding to CE2. One case showed multiple daughter cysts entirely filling the maternal cyst as described in CE3. Perilesional edema was present in this case due to infection. Because of the small number of cases we did not observe the whole spectrum of cerebral cystic echinococcosis. However our observations suggest that morphological features of cerebral cystic echinococcosis can be equally well demonstrated by CT. Identification of these features enhances the diagnostic accuracy of CT in cerebral echinococcosis.

Cystic echinococcosis on CT needs to be differentiated from porencephalic cyst, arachnoid cyst, brain abscess and cystic neoplasm (4, 26). Porencephalic and arachnoid cysts are not spherical and are not surrounded entirely by brain parenchyma. Porencephalic cyst shows signs of volume loss and gliosis in adjacent white matter. Arachnoid cyst is extra-axial in location whereas intra-axial hydatid cyst is surrounded by brain parenchyma all around. Cystic tumor and brain abscess show definite contrast enhancement in the wall and or mural nodule; perilesional edema is also be present in case of abscess (4, 29).

The treatment of cerebral hydatid cyst is surgical and the aim of surgery is to excise the cyst completely without rupture to prevent anaphylactic reaction and local recurrence (7, 13). Preoperative diagnosis of cerebral hydatid cyst made on the basis of typical CT or MRI findings is an important component in the chain of events to prevent cyst rupture during surgery. Identification of relevant imaging findings should alert the operating neurosurgeon to exercise extreme care to prevent rupture of cyst (19, 21). The most commonly utilised surgical procedure designed to remove the intact cyst completely without rupture is by irrigating saline into the interface between cyst wall and brain. Few reports mention the efficacy of drug therapy with albendazole in the cure of cerebral hydatid cyst (7, 9, 13, 19, 21, 25). However drug therapy is better combined with surgery in case of accidental cyst rupture. We removed the cerebral hydatid cyst in toto without any rupture in all the cases. Our study reinforces the importance of preoperative diagnosis with CT in preventing rupture of cyst and thus achieving optimal outcome in case of cerebral hydatid cyst.

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